

## Local People Like Tablets Better Than Yeast

TABLETS CONTAIN PROPER DOSE; EASY TO TAKE—RESULTS QUICK; DRUGGISTS RECOMMEND

### CHEMISTS CONCENTRATE DOSE INTO TINY TABLETS

Many people are wisely eating spinach, drinking milk and fruit juices every day to get the vitamins so vital to health. Others are eating yeast—but how come they get sick? The answer is simple. Yeast is in many foods, but most of us do not get enough because we cannot scientifically balance our diet. In the army and navy boys grow fat, strong and healthy on just a few weeks. Soon as they leave the army and the scientifically balanced vitamins diet, they grow weak, thin and pale. People in a half-sick, pale, thin, undernourished condition require a proper dose in a bottle of tablets. These "Phos-Pho" Vitamin Tablets contain a proper dose in a highly concentrated form, of both Water and Soluble Vitamins, etc. (See formula on bottle).

For those not familiar with Vitamins, it can be said that Vitamins mean the difference between sickness and health. Vitamins are in many foods, but most of us do not get enough because we cannot scientifically balance our diet. In the army and navy boys grow fat, strong and healthy on just a few weeks. Soon as they leave the army and the scientifically balanced vitamins diet, they grow weak, thin and pale. People in a half-sick, pale, thin, undernourished condition require a proper dose in a bottle of tablets. These "Phos-Pho" Vitamin Tablets contain a proper dose in a highly concentrated form, of both Water and Soluble Vitamins, etc. (See formula on bottle).

Magazines, medical journals, hospitals, doctors and chemists everywhere are recommending more Vitamins. Here is a powerful, easy to take, economical tablet which produces results as fast as yeast. Visit the nearest drug store and take a bottle of Phos-Pho Vitamin Tablets. Write and include \$1.00 for a trial to the Irving Laboratories, Wheeling, W. Va., for a bottle prepaid.

## ANNOUNCEMENT

For the convenience of our PLAINFIELD PATRONS we have established an agency at

GEO. O'NEILL'S

Plainfield

Your shoe repair needs will be given the attention as though you brought them to our Norwich shop.

Our Aim Is Service, Quality, and Workmanship.

SHU-FIX

Franklin Square  
Norwich, Conn.

### SALVATION ARMY OFFICERS

#### TRANSFERRED TO ITHACA

Ensign and Mrs. James Anderson, who have been in charge of the Salvation Army work in Norwich for the past eleven months, have received transfer orders from headquarters and will leave at the end of the week for Ithaca, N. Y. They will be succeeded here by Adjutant Charles Fowler, who comes to Norwich from Lewiston, Maine and who at one time was stationed in Danbury.

At present Ensign and Mrs. Anderson have something to show their own. Capt. Charles Anderson, of Middletown, another son, Adrian Anderson, is stationed in Boston. A little daughter who attends the Boston Avenue school completes the family. They came to Norwich to succeed Capt. William Addy, now in Meriden.

While in this city Ensign and Mrs. Anderson have proved energetic workers. They consider that their labors would prove more efficient if the Army had larger quarters here, instead of the present small hall, on two flights, at No. 2 Market street. It was their hope that the Army might secure the second story of the Young building, corner of Main and Franklin streets, for a hall, that would be large and centrally located.

#### Return to Springfield.

Mr. and Mrs. John Tague and sons, Henry and Lloyd Tague, of Springfield, Mass., have returned home following a brief stay with relatives in Norwich, having come here to attend the funeral Friday of Mrs. Tague's grandmother, Mrs. Sarah S. Tucker, of Preston. The Tague family were over-night guests at the home of Mr. Tague's parents, Mr. and Mrs. William H. Tague, of McClellan avenue, Norwich. Mr. and Mrs. Tague had as a guest Thanksgiving Miss Hazel Miller of Rockville, who has returned home.

The fact that a man has the sleeping-sickness habit is no sign that he will rest in heaven.

Don't Wait Another Day to Place Your Order for

## PERSONAL GREETING CARDS

The time is getting very short to be sure of your cards in time for Christmas use.

Our variety is great, the quality superb, the sentiments most pleasing.

Place Your Orders At Once

## The Cranston Co

## OH YES!

Something that you would like and always ask for:

HOT WAFFLES WITH MAPLE SYRUP

Every Morning from 6 to 11 o'clock at

MOHEGAN RESTAURANT

## PERSONALS

William S. ... of Central Village is to spend the winter in Norwich with his daughter, Mrs. John E. Vaughan.

Mrs. J. W. Knappenberg of Niantic has arrived to pass the winter at the home of her sister, Mrs. J. D. Avery, in North Stonington.

### VARIOUS MATTERS

It is daybreak late now, at 5:14. Light vehicle lamps at 4:49 o'clock this evening.

Dabol's Almanac predicts heavy frost for today, the 1st.

The first month of the almanac winter begins today, December 1st.

Call and examine special line of Christmas cards at the Bulletin job room—adv.

During December, the best moonlight nights will be from the 13th to the 17th.

The Shetucket river is running high and rapidly since the recent heavy rains.

To see the stars Wednesday evening was a pleasure, after so many rainy days.

Men from a number of sections in eastern Connecticut are in New York to attend the Paper show.

Farmers in the outlying districts report swamps, wells and brooks in many localities practically overfilled.

A Plafers man, Nathan Beckwith, who recently had his foot amputated at a New York hospital, is now at his home, is recovering favorably.

The pastor of Trinity Methodist church, Rev. Dr. Albert L. Roberts is planning a special church day for January 1st, which this year falls on Sunday.

Franklin chapter, No. 4, R. A. M., meets the R. A. degree at Masonic Temple tonight at 7:30—adv.

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A commercial man in Norwich Wednesday directed attention to the price marks on window goods, some of them representing a reduction of from 25 to 40 per cent. since war years.

The Junior Brotherhood of St. Andrew of Trinity Episcopal church contributed a half-barrel of vegetables and canned goods to the United Workers for the Baskets at the recent holiday.

Christmas rate of useful and fancy articles, Dec. 5, Rev. J. B. Buchanan, Memorial, Mrs. Hadley G. Gray—adv.

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Noank cod and founders, fresh caught mackerel, butter fish, haddock, large and small scallops, finnan haddock, blue point, Mumford Cove and Gulfport Oysters at Powers Bros—adv.

When Quinebaug, Pomona, Grange holds an outdoor meeting, Plainfield ground Saturday afternoon, one of the speakers is to be Prof. C. H. Tucker of the International Harvester Co., Boston, on "Our Native Soil," to be illustrated by charts.

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One of the honorary heaters Tuesday at the funeral of Rev. Edward Downes, of Carmel, was Rev. M. H. May, rector of St. Patrick's church, Norwich. Over 2,000 persons were in the church, with two bishops and more than 100 priests assembled for the pontifical solemn high mass of requiem.

Christmas sewing is to be done this (Thursday) afternoon, at a meeting of the Junior Guild of the United Congregational church, at the Community House. The officers of the guild are: President, Mary Rose; vice president, Helen Bates; secretary, Marion Blackledge; treasurer, Elizabeth Higgins.

Ridley Watta, president of the Association of Cotton Textile Merchants, has sent out a notice to its members asking them to transmit to their mills the recommendation of the board of directors to mark all standard grades of branded cotton goods, "Made in United States of America," or "Made in U. S. A."

### R. OF C. COUNCIL HAS

#### GOOD NUMBER AT DANCE

A successful dance was held Wednesday evening at the armory under the auspices of White Cross council, No. 13, K. of C. Two orchestras, Carey's of New London and Humphries' of Norwich furnished the music for the dancing which lasted from 8:30 until midnight. The dance proved a very enjoyable event for the large crowd.

### Suit on Note

Giosue and Augustino Di Noto of New London have been sued by Mrs. Annibella Messero of that city to recover payment of a note for \$4,365. Mrs. Messero claims that Duca and DiNoto have their demand for the amount on Jan. 1, 1921, and that payment was demanded on Nov. 23 and has not been paid.

The Highland apartments have been attached, as have also dwellings of the defendants in Montauk avenue.

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## NEW RATES REDUCE GAS FOR 3,288 CUSTOMERS, MAKE INCREASE FOR 242

According to a tabulated statement given The Bulletin by the Norwich gas and electrical commission, the new rates for the Norwich gas department now have 3,288 gas customers, all of whom will be affected by the new gas rates that will go into effect on the first of January. For 242 of these, all of whom use more than 100 cubic feet per month, the new rates will be a reduction from the present rate. For 242 of the customers, who, according to the tabulated statement, use but 100 cubic feet of gas per month, the new rates will be a raise from \$1 to \$1.02 1/2 per month, as was stated in The Bulletin Wednesday morning.

It is estimated by the gas and electrical commissioners that the net result of the new rates will mean a saving of about \$20,000 to the consumers of gas.

The customer list of the city gas department shows the following uses of gas per month:

242 at 100 cubic feet.

1,349 at from 200 to 1,000 cu. ft.

1,289 at from 1,100 to 2,000 cu. ft.

465 at from 2,100 to 3,000 cu. ft.

113 at from 3,100 to 4,000 cu. ft.

67 at from 4,100 to 5,000 cu. ft.

21 at from 5,100 to 6,000 cu. ft.

17 at from 6,100 to 7,000 cu. ft.

16 at from 7,100 to 8,000 cu. ft.

8 at from 8,100 to 9,000 cu. ft.

5 at from 9,100 to 10,000 cu. ft.

7 at from 10,100 to 14,000 cu. ft.

2 at 14,000 cu. ft. and over each at 16,000, 18,000, 24,000, 35,000, 50,000, 25,000, 26,000, 29,000, 29,000, 29,000, 31,100, 32,200, 38,100, 48,700, 98,100, 334,500 and 507,500 cu. ft. per month.

As in all lines of business the small purchaser of any commodity cannot expect to get the same price as the large user, the gas officials say, it is, therefore, this reason that brings the charge to \$1.02 1/2 to the consumer of 100 cubic feet which shows a four cent charge above the former \$1.00 charge, but if Norwich were to have only 100 cubic feet consumers the charge for gas would have to be away above the present charge.

In a report made to the gas and electrical commissioners by Superintendent C. W. Taggart on the subject of gas rates, he stated that the subject of rates for gas is one that is being given the most serious consideration by the most prominent men connected with the gas industry as well as the regulating bodies of the country and it is generally conceded that the commodity gas rate taken by itself is neither fair between consumers nor conducive to increased sales and its use is not recommended.

A rate to be of the greatest benefit to all concerned must not only yield a fair return but must be of a character to (1) fairly apportion total charges for service as between classes of consumers; and (2) promote and build up the most equitable guide for a fair apportionment of revenue is found in the costs of serving each class of consumers. That is to say, in general, each consumer should pay for the service he receives—

—Increase

This reduction means a saving to the consumers of gas of approximately \$20,000 per year.

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